



2004

ANNUAL REPORT

OF THE MUSKEGON GENERAL OSTEOPATHIC FOUNDATION

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GRANTS AND SCHOLARSHIPS FOR 2004

The Foundation is pleased to announce grants awarded in 2004. They reflect both an upturn in the economic climate and the Foundation's continued commitment to the well-being of residents in West Michigan through support of osteopathic initiatives and community-based health-related programs.

Grants this past year included support of MS Jams, a local benefit musical program that raises funds to improve outreach and research for Multiple Sclerosis, and support of the Muskegon Community Health Project's 10th anniversary.

A grant for a faith-based diabetes management program is addressing the large problem of diabetes in African Americans by offering workshops led by physicians and clinicians on topics such as diet, exercise, and eye and foot care. Lay coaches also mentor participants to help them better understand diabetes and how to manage it.

Two important construction projects funded in part by the Foundation address both day-to-day health care and end-of-life care in West Michigan. Trustees approved a five-year grant for construction of the new Muskegon Family Care Clinic, and a grant for the new residential center for Hospice of Muskegon-Oceana.

A promising research project designed to measure the affect of osteopathic manipulative medicine on elderly

See *Grants*, page 2.

REPORT FROM THE FOUNDATION

2004 was an excellent year for the Muskegon General Osteopathic Foundation and the osteopathic community in Muskegon. The Foundation was in a position to be able to continue its support of many osteopathic initiatives as well as community health-related programs. More than \$540,000 in grants was awarded.



David L. Dora, D.O. Chairman



David M. Wells, Executive Director

We are grateful to be in a position to advance osteopathic medicine in this community and support many worthwhile and much-needed health-related community projects. These activities are a credit and a compliment to all those who have assisted the Foundation and who are linked to the osteopathic profession in West Michigan. Take a moment to look through the information in this report so you can see the breadth of influence and good work funded by the Foundation.

This past year also marked a turning point in the Foundation's focus. Several years ago, members of the Foundation's Board of Directors embraced many long-range goals such as establishing a clinic for outpatient osteopathic manipulative medicine services

and providing OMM services on a regular basis to inpatients at Mercy General Health Partners. Board members set their sights on establishing an osteopathic manipulative medicine residency training program, maintaining the health of the osteopathic residency training programs at Mercy General Health Partners, and developing and expanding

the OsteoChamps program in the Muskegon area.

Supporting research in osteopathic manipulative medicine was also important, as was providing support to community health-related projects which might not succeed—or even exist—without the assistance of the Foundation.

These and many other long-term goals were achieved by the end of 2004. The Board is now focused on establishing

exciting new goals for the next two to three years.

See *Report*, page 4.

...providing support to community health-related projects which might not succeed—or even exist—without the assistance of the Foundation.

"Change is inevitable except from a vending machine" — Anonymous

GRANTS, from cover.

patients with pneumonia received a grant of \$17,000. MGOF is one of several foundations across the country supporting this project. Trustees also approved \$145,613 to Mercy General Health Partners for OMM inpatient and outpatient services.

The popular OsteoChamps program awarded grants of \$2,000 to seven first-year students and five returning students. All are high school juniors and seniors from Muskegon County who have voiced an interest in a career in a medically-related field.

John Duhn, DO, a physician and activist focused on healthcare reform, received a grant to participate in a multi-part Training in Policy Study seminar to learn how to work most effectively with legislators.

In support of all-important graduate medical education, eight osteopathic medical students each received scholarships of \$4,000 each. One physician in residency training was awarded \$5,000. These grants are designed to help ease the high cost of medical education for students who graduated from Muskegon and Ottawa County High Schools.

One James Rosema scholarship was awarded to a graduating senior from Oakridge High School.

The information at right details all grants and scholarships.

GRANTS AND SCHOLARSHIPS PAID IN 2004

- \$145,613 to **Mercy General Health Partners** for OMM Inpatient and Outpatient services.
- \$343,428 to **Mercy General Health Partners** for osteopathic graduate medical education.
- \$500 to **Muskegon Community Health Project's** 10th year anniversary event.
- \$500 to **MSJAMS** to aid in improving outreach programs and for continued research
- \$2,500 to **Mercy General Health Partners** for Faith Based diabetes management program.
- \$20,000 to **Muskegon Family Care** for the construction of a new clinic building
- \$1,400 to **West Michigan Osteopathic Association** for medical student incentives
- \$10,000 to **Hospice of Muskegon-Oceana** for construction of its new residential complex.
- \$2,900 to **John T. Duhn, DO**, for participation in training and policy studies, and osteopathic health policy fellowship program
- \$17,000 to the **Foundation for Osteopathic Health Services** in conjunction with the University of North Texas Health Science Center and the Osteopathic Research Center for funding of a research project on the use of osteopathic manipulative medicine for elderly inpatients with pneumonia.

OSTEOCHAMPS SCHOLARSHIPS 2004

Eight scholarships in the amount of \$2,000 to the following First Year OsteoChamp Students.

William Thomas Vauters V
Muskegon High School

Courtney R. Moore
Orchard View High School

Derrick Stewart
Reeths Puffer High School

Torey A. Sylva
Orchard View High School

Krystal McNaughtan
Holton High School

Nicole Norman
Muskegon Heights High School

Monica Bester
Muskegon Heights High School

Five scholarships in the amount of \$2,000 to the following 2nd Year OsteoChamp Students.

Whitney Erin Banks
Muskegon High School

Jaelyn DeJonge
Orchard View High School

Malinda S. Denczek
Montague High School

Jillian Rene Guenthardt
Orchard View High School

Amy Peterson
Mona Shores High School

JAMES ROSEMA SCHOLARSHIP 2004

\$500 to **Tiffany Pratt**, Oakridge High School

IN MEMORY OF LEO BRUBAKER, D.O.

The West Michigan community mourns the passing last summer of Leo Brubaker, D.O. He was a skilled general practitioner, and highly respected by colleagues and patients alike.

“He was a marvelous guy to work with,” remembers IW Caplitz, DO, who was an intern at what was then Kansas City College of Osteopathic Medicine when Dr. Brubaker was a student there.

After school, Dr. Brubaker interned at Muskegon Osteopathic Hospital. He was in private practice for several years before he became one of seven doctors who formed a

partnership and opened Seaway Clinic in 1967. Seaway later became Heritage Hospital and then Butler Memorial Hospital.

“Dr. Brubaker was very conscientious and knowledgeable,” says Dr. Caplitz. “He had a wonderful temperament and a great manner with his patients. Money was not important, and whether a patient could pay or not wasn’t important.”

A resident of Hesperia, Dr. Brubaker was also an avid hunter and fisherman.

“He grew up in the depression as so many of us did, and deer meat was a very important source of food,” says Dr. Caplitz of his good friend. “In later years, there were two things he did that would take him away from the practice—pheasant hunting in South Dakota and deer hunting. He was good at both, and

I always got some pheasant and venison from him!”

Dr. Brubaker retired when Seaway Clinic closed. He had a significant impact on this community during his years in practice here, and he touched a lot of lives. He is remembered fondly by all who knew him.

“He had a wonderful temperament and a great manner with his patients.”

SCHOLARSHIPS IN 2004

Eight Scholarships of \$4,000 each were awarded to the following osteopathic medical students:

Tricia Ancomb

Lake Erie College of Osteopathic Medicine, 2006

Central Michigan University, 2001

Central Michigan University, 1999

Holton High School, 1995

Kristopher Joseph Selke

Lake Erie College of Osteopathic Medicine, 2004

Grand Valley State University, 2001

Romeo High School, 1995

Erik M. Ratchford

Michigan State University College of Osteopathic Medicine, 2007

Augustana College, 2000

Grand Haven High School, 1996

Scott Anthony Barnes

Michigan State University College of Osteopathic Medicine, 2007

Michigan State University, 2001

Muskegon Community College, 1997

Fruitport High School, 1995

Shannon Camp

Michigan State University College of Osteopathic Medicine, 2008

Michigan State University, 2004

Grand Haven High School, 2000

Joel Robinson

Michigan State University College of Osteopathic Medicine, 2005

Grand Valley State University, 1999

Muskegon Community College, 1995

Muskegon High School, 1989

Bryan R. Eadie

Michigan State University College of Osteopathic Medicine, 2008

Central Michigan University, 2002

Grand Haven High School, 1998

Daniel L. Mann

Kirkville College of Osteopathic Medicine, 2007

Hope College, 2003

Grand Haven High School, 1999

One Scholarship of \$5,000 was awarded to the following physician in residency training:

Chad Uptigrove

Mercy General Health Partners

Michigan State University College of Osteopathic Medicine

University of Michigan, 1997

Owosso High School, 1993

IN MEMORY OF JAMES R. WELLS, DO.

West Michigan lost a fine doctor, respected colleague and beloved friend this spring with the passing of James R. Wells, DO. In an interview with the Pulse two year ago, Dr. Wells recalled that there was never any question of what he'd be when he grew up.

"I always knew I'd go to the University of Michigan and that I'd be a doctor," he remembered. "I just always knew."

After completing his studies at Kirksville College of Osteopathic Medicine, Dr. Wells came back to intern at Muskegon Osteopathic Hospital, in the city where he was raised, at the hospital where he had externed and where his father served many years on the board of trustees.

He looked back fondly on his days as an intern.

"We took turns doing 36-hour shifts once every four weekends, pretty much running the emergency room, and I delivered 150 babies," he recalled. "I'd guess we worked about 80 hours a week. And we loved it. We ate it up. We liked taking care of people."

Ned Krohn, DO, of Whitehall, remembers him well.

"Jim took great care of his patients' needs and they really respected him," says Krohn who was in practice with Dr. Wells at Muskegon General Hospital. "He was very professional."

After 20 years in Family Practice in Muskegon, Dr. Wells joined the Air Force in 1977. He graduated from the prestigious Air War College, and eventually served as chief of hospital services and commander of the hospital at Eglin Air Force Base. He retired as a Colonel in 1996.

Dr. Wells believed that one of the greatest skills he offered to his patients was that of careful listening. He felt it was important to hear what his patients had to say, and he knew that prior to the development of sophisticated diagnostic testing, listening was the primary tool he and other doctors had for figuring out a patient's problem. His most gratifying work, he said, was delivering new babies and watching new mothers smile.

Dr. Wells is remembered fondly and greatly missed. For his first-hand account of 45 years in medicine, see the Fall 2003 issue of *The Pulse*.



FROM OUR GRANTEES

FAITH-BASED DIABETES MANAGEMENT PROGRAM

The Foundation's grant enabled us to train advocates for the program, and to do one-on-one training with diabetics at African American Churches to teach them about their disease and how to monitor it. Thanks to the grant, we were able to conduct the program in two churches and reach a large group of people!

LINDA BAILEY, EXECUTIVE DIRECTOR
WESTSHORE HEALTH NETWORK

OSTEOPATHIC MANIPULATIVE MEDICINE CLINIC

If we didn't have the Muskegon General Osteopathic Foundation we wouldn't have the opportunity to practice osteopathic medicine effectively at this clinic. The Foundation is essential to us and to the hundreds of patients we treat here every year.

RICHARD HUFF, DO, DIRECTOR, OMM CLINIC
MERCY GENERAL HEALTH PARTNERS

SCHOLARSHIP FOR MEDICAL SCHOOL

Thank you very much for the scholarship funds I received. They will substantially ease the tuition burden this year for my family and me.

JOEL ROBINSON, MSU COLLEGE OF OSTEOPATHIC MEDICINE 2005



**Muskegon General
Osteopathic Foundation
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Executive Director

David M. Wells, J.D.

Report, from page 1.

From a financial standpoint, the last five years have been challenging. For quite some time the entire stock market was in a free-fall, and nearly all financial investments nationally sustained serious losses. Fortunately, the Foundation's investments were diversified, plus we had the benefit of several professional money managers. Although we sustained significant losses in the first three years of this decade, as did nearly all Foundations, the losses were controlled.

In 2004 the Foundation again began to experience gains from its investments. With these gains, the Foundation's total net assets increased, even while providing funding for the numerous programs and scholarships reported here.

STILL, WE WANT TO DO MORE.

We find ourselves in the position of having to decline applications for many worthwhile projects because of our inability to fund those projects while maintaining stability of the Foundation's assets for continued use. The Foundation's Board has concluded that it can no longer rely entirely upon investment income to accomplish the organization's goals, so we're launching a campaign to seek contributions from people like you, who support the activities of this Foundation and want to see them continue and grow.

You can be part of all that this wonderful Foundation accomplishes by making a contribution directly or by including the Foundation in your estate plan. You can also establish an endowment fund. Charitable

giving can provide you with substantial tax advantages, but perhaps most important to you as the donor—you can decide how and what you want to support, and the Foundation will carry out your wishes. You can leave a legacy that will continue to work long into the future.

If you're thinking of including the Muskegon General Osteopathic Foundation in your estate plan, if you want to offer a charitable gift annuity or establish an endowment but are unsure how to do that, we invite you to call the Foundation. We can talk about the many options you have that will assure that your gifts support the projects and programs you consider to be vital.

And if you've already designated the Muskegon General Osteopathic Foundation as a beneficiary, please let us know so we can acknowledge your contribution.

We thank all of you who have given of your time and lent your considerable leadership skills to the Foundation over the past year, as well as those of you who work everyday to improve the health and well-being of individuals and families in this community. We are pleased to be able to support your efforts and we look forward to hearing your success stories!

DAVID L. DORA, D.O.
Chairman

DAVID M. WELLS
Executive Director

2004 FINANCIAL STATEMENT

Statement of Cash, Investments and Assets

December 31, 2004

Cash and Investments Market Value	
Cash	1,582,233
Marketable Securities	4,944,739
Total	\$6,527,072
Liabilities and Net Assets	
Administrative Fee Payable	12,000
Grant Payable	188,00
Restricted Assets	7,495
Unrestricted Assets	6,319,077
Total Net Assets	\$6,326,572

Statement of Cash Receipts and Disbursements

Year Ended, December 31, 2004

Revenues	
Net Investment Income	385,712
Cash Donations	9,051
Program Fees	3,275
Donations from Mercy General Health Partners based upon designated operative procedures	465,895
Total Revenues	\$863,933
Disbursements	
Grants, Scholarships and Program Costs	469,961
Operating and Administrative Expenses	76,467
Total Expenses	\$546,428