



2005

ANNUAL REPORT

OF THE OSTEOPATHIC FOUNDATION OF WEST MICHIGAN

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BOARD GROWS TO FIFTEEN

Jose Infante was concerned about the size of the Foundation's board of directors, and as nominating chairman, he wanted to do something about it.

"I thought that the fact that our board was small was limiting what the Foundation could do," says Jose, who is the Senior Vice President of Independent Bank. "It is important for us begin to increase our circle of influence."

Jose brought the idea to fellow committee members Patricia Roy, DO, and Gerald Harriman, DO, and they agreed with him. The next step was to discuss the idea with the other board members. They, too, felt it was a positive move, and they voted to add two board positions, increasing the number to fifteen.

"We can add to our value by increasing the diversity of our board," says Jose. "We're looking for people who believe in the philosophy of osteopathic medicine and in the mission of this organization, and people who are new to our cause. The more we build a team of people who understand our mission, the more they can help us grow."

If you are interested in being considered for a board position, you are invited to contact Jose at 231-799-4000.

GLANCING BACK AND MOVING AHEAD

I look back with great pride at all the Foundation has been involved in during the past year, and all we have accomplished.

Our focus on medical education has offered a perspective on this important program from the viewpoint of both the student and the teaching physician. Students come here for the educational opportunities. They stay to practice here because they appreciate the supportive osteopathic environment, state-of-the art medical facilities, and the quality of life in West Michigan. It's a winning combination that keeps new, cutting-edge physicians flowing into our three-county area.

One such individual is Dr. James Starr. The Reeths Puffer High School graduate was bright, eager and full of promise when we first met him several years ago. If his name sounds familiar to you, it may be because he was one of our first scholarship recipients. We are delighted that Dr. Starr has returned to practice in West Michigan. He shares his story with you in this report.

Your positive and enthusiastic response to the Pulse, the Foundation's newsletter, led the board to recommend the publishing of three issues a year. The Pulse keeps us informed and in touch. It also provides an opportunity to share stories about everything from the activities of our medical students and grantees to the heroic efforts of the early osteopathic physicians who started their practices here and gave this community its solid osteopathic base. We'll continue the stories, and we invite your submissions to the publication as well.



David L. Dora, D.O.
Chairman

The Foundation board of directors took a big step when they formed a fundraising committee this past year. Dr. Patrick Walsh accepted the challenge to visit every osteopathic physician in Ottawa, Oceana and Muskegon Counties, and he's making tremendous progress. The funds raised make it possible to expand the scope of the Foundation's work and to take on special programs that were previously out of our reach. I'm grateful to all of you who have contributed.

In the last couple months, the board of directors made a significant change in the structure of the Foundation when they voted to add two more members to the board. We are excited about the potential for this larger board and look forward to introducing you to the new members when they are selected.

On behalf of the board of directors, I thank you for your good work, and for your support of medical students, interns, residents, each other, and the Foundation. I am grateful for all you do for osteopathic medicine and for the residents of West Michigan.

David Dora, DO
Chairman



The Foundation helped fund a study overseen by the Foundation for Osteopathic Health Services to research use of osteopathic manipulative medicine for elderly patients with pneumonia. Here, Dr. Brian Degenhardt at right, checks the palpation instrumentation used to measure pressure gradients during protocol treatments.

Skill and confidence are an unconquered army — George Herbert

WELCOME BACK, DR. STARR!

West Michigan is eagerly welcoming back a home-grown physician.

Dr. James Starr, Jr. is a graduate of Reeths Puffer High School and was one of the first medical students to receive a scholarship from the Foundation. It was 1999, and he remembers the award clearly.

“It meant a lot,” says Dr. Starr without hesitation. Then he laughs a bit, thinking back several years. “The scholarship was so important that it crossed my mind it might



Dr. Starr (right) with his mother Joyce Starr, MEd, BSN, RN and brother (left) Damon Starr, Respiratory Therapist RRT.

be divine intervention! I had no money, so it helped me get through some hard times in medical school. It covered the essentials like rent and food. It came at a very good time.”

After graduating from Michigan State University College of Osteopathic Medicine in 2000, Dr. Starr took an internal medicine residency at Botsford General Hospital in

Farmington Hills, Michigan. He was also accepted into a nephrology program, but declined it when he and his wife, Netria, decided they wanted to start a family.

Instead, he accepted a position with Spectrum Health and was based in Reed City for three years. When Spectrum began making changes in its medical program, Dr. Starr decided it was time to look at other options.

“Going back to Muskegon was the first thing that came to mind,” he says. “I remembered receiving the scholarships, so I contacted Roger Spoelman and told him about my situation.

“James is a fantastic guy,” says Roger, who is president of Mercy General Health Partners. “I’ve known him and his family since he was in high school and we’ve kept in touch through the years.”

“It felt good that there was an opportunity here for me,” says Dr. Starr, who began working at MGHP as a board certified internal medicine physician on May 22.

“Sometimes we’re inclined to think our hometown doesn’t have what we need.”

Since he hadn’t been to Mercy General Health Partners in years, Dr. Starr was surprised that the facility and its capabilities are so much greater than he remembered. Besides the supportive osteopathic atmosphere and the warm reception he’s receiving, Dr. Starr is happy to be back among family. He and Netria both have close relatives in the area.



Dr. James Starr

In fact, he doesn’t have to look further than down the hall to see some familiar faces.

“My mother got her nursing education here and has worked as a nurse educator at Mercy for many years,” says the proud son. His brother also works for the hospital as a respiratory therapist.

With two young daughters already, and a son due in October, James and Netria feel the move to Muskegon is a good opportunity for them.

“I’m delighted that he is back,” says Roger Spoelman. “Dr. Starr is an outstanding physician and a great role model. I’m already hearing wonderful comments about him from the people who work with him.”

HOSPICE RECEIVES SPA TUB



The Foundation was pleased to provide a \$20,000 grant to Hospice of Muskegon-Oceana for a specially-designed spa tub, above, that was installed in the new Leila and Cyrus Poppen Hospice Residence in Muskegon, pictured at right.



GRANTS PAID IN 2005

- \$16,000 to the **Foundation for Osteopathic Health Services**, in conjunction with the University of North Texas Health Science Center and the Osteopathic Research Center, for funding of a project to research the use of osteopathic manipulative medicine for elderly inpatients with pneumonia. This was the third and final payment on a \$50,000 grant.
- \$20,000 to **Muskegon Family Care** for the construction of a new clinic building. This was the second payment on a \$100,000 grant.
- \$10,000 to **Hospice of Muskegon-Oceana** for construction of a spa tub at its new residential complex. This was the second and final payment on a \$20,000 grant.
- \$500 to **MSJAMS** to aid in improving outreach programs to the thousands affected by multiple sclerosis in West Michigan, and for continued research for treatments and cures.
- \$2,000 to the **American Red Cross** (serving Muskegon, Oceana and Newaygo Counties) to support the CPR Saturday program.
- \$500 to the **Muskegon Community Health Project** in support of the Uninsured Week Annual Dinner.
- \$40,886 to **Mercy General Health Partners** for the Osteopathic Manipulative Medicine Clinic and Inpatient Services.
- \$227,000 to **Mercy General Health Partners** for Graduate Osteopathic Medical Education Programs.

OSTEOPATHIC RESIDENT AND FELLOWSHIP SCHOLARSHIPS 2005

\$5,000 to **Darrell S. Roelandt, DO**, a Mercy General Health Partners physician in residency training, who made a commitment to practice medicine in the Foundation's service area.

\$15,000 to **Jeffery Anhalt, DO**, in a specialty fellowship training program, who made a commitment to practice medicine in the foundation's service area. Dr. Anhalt was also the recipient of medical student scholarships from the Foundation in 1999 and 2000.

SCHOLARSHIPS FOR MEDICAL STUDENTS IN 2005

Eight scholarships of \$4,000 each were awarded to the following osteopathic medical students from the Foundation's service area.

Jacqueline Russell Koski

Michigan State University College of Osteopathic Medicine, 2009
Coopersville High School, 1994

Tricia Anscomb

Lake Erie College of Osteopathic Medicine, 2006
Central Michigan University, 2001
Central Michigan University, 1999
Holton High School, 1995

Erik M. Ratchford

Michigan State University College of Osteopathic Medicine, 2007
Augustana College, 2000
Grand Haven High School, 1996

Scott Anthony Barnes

Michigan State University College of Osteopathic Medicine, 2007
Michigan State University, 2001
Muskegon Community College, 1997
Fruitport High School, 1995

Shannon Camp

Michigan State University College of Osteopathic Medicine, 2008
Michigan State University, 2004
Grand Haven High School, 2000

Joel Robinson

Michigan State University College of Osteopathic Medicine, 2005
Grand Valley State University, 1999
Muskegon Community College, 1995
Muskegon High School, 1989

Bryan R. Eadie

Michigan State University College of Osteopathic Medicine, 2008
Central Michigan University, 2002
Grand Haven High School, 1998

Daniel L. Mann

Kirkville College of Osteopathic Medicine, 2007
Hope College, 2003
Grand Haven High School, 1999

JAMES ROSEMA SCHOLARSHIP 2005

\$500 scholarships were awarded to three graduating students from Oakridge High School

Danielle Brown

Bobby Sue Dauseman

Timothy Coffin

OSTEOCHAMPS SCHOLARSHIPS 2005

\$2,000 were awarded to the following OsteoCHAMPS students

De'Arcus Curry

Orchard View High School

J'Nay Bozeman

Muskegon High School

Erica R. Cotton

Orchard View High School

Dominique Cooper

Muskegon Heights High School

Adrian Page

Muskegon Heights High School

Tiffany Crosby

Orchard View High School

Courtney R. Moore

Orchard View High School

Derrick Stewart

Reeths Puffer High School

Monica Bester

Muskegon Heights High School

William Vauters

Muskegon High School



The new Muskegon Family Care clinic is open for business, thanks, in part, to a grant from the Foundation for \$100,000, to be paid in five installments.



**Osteopathic Foundation
of West Michigan
Board of Directors**

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Roger Spoelman

Patrick E. Walsh, DO

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David M. Wells, JD

2005 DONATIONS

On behalf of the programs and the people served by the Muskegon General Osteopathic Foundation, we thank our contributors for their generous donations in 2005.

GIFTS \$10,000 AND GREATER

Mark and Christine Fazakerley

GIFTS \$3,000 –\$9,999

Gus Barkett, DO and Deborah Barkett

GIFTS \$1,500 –\$2,999

David Dora, DO and Sara Dora, DO
Paul Ponstein, DO and Mary Ponstein

GIFTS \$1,000–\$1,499

Willard DeBraber, DO
Richard G. Huff, DO and Patricia Huff
Jason Kinney, DO
David M. Krencik, DO and Lynn P. Krencik

GIFTS \$500–\$999

Jon Hinderer, DO
James R. Lucie, DO
Robert H. Pierce, DO
Raymond Rabideau, DO
Patrick Walsh, DO and Judy Walsh

GIFTS \$250–\$499

Harry Arthur, DO and Lori Arthur
James Jackson, DO
Katherine Jawor, DO
Donald Jones, DO and Maryvic Cuison, DO
Jeffrey Kommitt, DO
Ned Krohn, DO and Donna Krohn
Paul Lomeo, DO
Patricia Roy, DO
Shelly Williams, DO

GIFTS TO \$249

Joni Allore
Lisa Bartlett
David and Ruth Crouch
Ed and Mary Kaminski
John King, DO
Janice MacDonald, DO
Roger and Jan Spoelman
Thomas Watkins, DO
David and Nancy Wells
Williams, Hughes & Stapleton, PC
Lorraine J. Wells
Jamie Wright, DO
Douglas Zwemer, MD



With a grant from the foundation, the American Red Cross (serving Muskegon, Oceana and Newaygo Counties), was able to instruct individuals of all ages in life-saving skills during CPR Saturday.

2005 FINANCIAL STATEMENT

Statement of Cash, Investments and Assets

December 31, 2005

Cash and Investments Market Value	
Cash	234,535
Certificates of Deposit	860,847
Marketable Securities	5,069,052
Total	\$6,164,434
Liabilities and Net Assets	
Administrative Fee Payable	12,500
Grants Payable	112,500
Permanently Restricted Assets	15,988
Unrestricted Assets	6,023,446
Total Net Assets	\$6,164,434

Statement of Cash Receipts and Disbursements

Year Ended, December 31, 2005

Revenues	
Net Investment Income	108,415
Cash Donations	27,822
Total Revenues	\$136,237
Disbursements	
Grants, Scholarships and Program Costs	341,866
Operating and Administrative Expenses	81,509
Total Expenses	\$423,375